



2011-2012



LITTLE LEAGUE BATTERY CLUB FOR PITCHERS AND CATCHERS

The South Shore Baseball Club's LITTLE LEAGUE BATTERY CLUB is designed for pitchers and catchers in the twelve and under age group who want to learn and work on the finer points of baseball's most important positions. Group size is limited to assure personalized instruction by our staff of professional instructors who will emphasize the following points:

PITCHING

- * Proper mechanics to enhance health and longevity
- * Mechanics from both the windup and the stretch positions
- * Different grips and their effect on the ball
- * Fielding your position
- * Attitude necessary to be a successful pitcher

CATCHING

- * Proper receiving and throwing techniques
- * Pitch selection and strategies
- * Blocking low pitches
- * Overall catching strategy

Staff will include
FRANK NILES and JASON TRASK

<u>DAY</u>	<u>DATES</u>				<u>AGES</u>	<u>TIME</u>
Saturdays	10/29	11/5	11/12	11/19	8 to 12	9:00 AM to 11:00 AM
Saturdays	3/3	3/10	3/17	3/24	8 to 12	9:00 AM to 11:00 AM

\$150 for SSBC Members \$185 for Non Members

Please detach and return with payment

SSBC 2011-2012 LITTLE LEAGUE BATTERY CLUB REGISTRATION FORM

Name _____ Date of Birth _____

Street _____ City _____

State _____ Zip _____ Phone _____

E-Mail Address _____

I will be attending the SSBC's LITTLE LEAGUE BATTERY CLUB on the dates indicated below.

Please indicate session date and position.

10/29 thru 11/19 3/3 thru 3/24 POSITION Pitcher Catcher Both

Please check method of payment: Members \$150 Non Members \$185

Cash Check MC VISA # _____ EXP. _____

Signature _____

OFFICE USE: DATE _____ AMT \$ _____ CASH CK # _____ AP # _____



www.SSBC.com

Administrative Offices: 190 Old Derby St., Suite 101 • Hingham, MA 02043 • 781-740-4382
Facility: 55 Recreation Park Drive • Hingham, MA 02043 • 781-749-6466 • 1-800-GO-4-HITS

SSBC - "Where the Dream Begins..."

